



HOTEL TELEGAAF
TALLINN, ESTONIA

AUTOGRAPH COLLECTION
HOTELS

Menüü

Menu


TCHAIKOVSKY
A SYMPHONY OF RUSSIAN CUISINE

Külmad eelroad / Cold starters

Charcuterie taldrik kahele 18

Salaami, prosciutto sink, oliivid, Mimolette juust, tomati chutney ja grillitud baguette

Charcuterie plate for two

Salami, prosciutto, olives, Mimolette, tomato chutney and grilled baguette

Vegan charcuterie taldrik kahele 16

Peperonata, tomati-basiliku salsa, oliivid, hummus, artichoke ja grillitud baguette

Vegan charcuterie plate for two

Peperonata, tomato-basil salsa, olives, hummus, artichoke and grilled baguette

Salatid ja võileib / Salads and sandwich

Heirloom tomatid burrata juustu ja oliiviõli-šampanja vinegretiga 13

Heirloom tomato with Burrata and olive oil – Champagne vinaigrette

Niçoise salat a la „Tchaikovsky“ grillitud Ahi tuunikalaga 14

Niçoise Salad a la „Tchaikovsky“ with grilled Ahi Tuna

Klubivõileib coleslaw salatiga 11

Classic club sandwich with coleslaw

Kuumad eelroad / Hot starters

Aurutatud spargel röstitud kammkarbi, karulaugu pesto ja Hollandi kastmega 15

Asparagus with roasted scallops, ramson pesto and Hollandaise

Fish & Chips tartar kastmega 13

Fish & Chips with tartar sauce

Burger a la Tchaikovsky 13

Käsitöö friikartulid trühvliga 10

French Fries and truffle

Borš a la Tchaikovsky 11

Borscht a la Tchaikovsky

Pearoad / Main course

Hiidlestafilee lillkapsapüree, punase kinoa, põldubade ja hapuoblika Beurre Blanc kastmega 26

Halibut fillet with cauliflower puree, red quinoa, Fava beans and sorrel Beurre Blanc

Veise sisefilee grillitud šalottsibula, kartuli terriini ja mürkli Demi-Glace kastmega 28

Filet Mignon with grilled shallot onion, potato terrine and morel Demi-Glace

Magustoidud / Desserts

Šokolaadi-pistaatsia kook vaarikate ja mango sorbetiga 9

Chocolate-pistachio cake with raspberries and mango sorbet

Maasika-rabarberi dessert tonkaubade jäätisega 8

Strawberry-rhubarb dessert with tonka beans ice cream

Pavlova a la Tchaikovsky 9

Kreembrülee šokolaadibesee ja vaarikageeliga 7

Creme Brulee with chocolate meringue and raspberry gel

Käsitööjäätise ja sorbeti valik (3palli) 6

Selection of handmade icecreams and sorbets (3 scoops)

Lobby menüüd serveeritakse kell 12:00 – 22:30

Lobby menu is served from 12PM – 10.30PM

Täpsustav informatsioon allergeenide ning koostisosade kohta teenindajalt.

Please ask your server about allergens and ingredients.

VEINID KLAASIGA / WINES BY THE GLASS

ŠAMPANJA / CHAMPAGNE 12 cl EUR

Philipponnat „Royale Réserve“ Brut NV 18

Taittinger Prestige Rosé Brut NV 22

VAHUVEIN / SPARKLING WINE 12 cl

Cava „Stars“ Brut Nature Reserva DO 8
Castillo Perelada, Spain 2017

VALGE / WHITE 15 cl

Dry Riesling Chateau Ste-Michelle, 9
Washington, USA 2017

Pinot Grigio DOC, Santa Margherita, 10
Trentino-Alto Adige, Italy 2019

Chablis AOC, Domaine de Lamblin, 12
Bourgogne, France 2018

Pouilly-Fumé, Domaine des Berthiers, 13
Jean-Claude Dagueneau, Loire, France 2018

ROOSA / ROSE 15 cl

BY.OTT Rosé, Côtes de Provence AC 8
France 19/20

PUNANE / RED 15 cl

Primitivo di Manduria DOCG, Tenuta Emera, 7
Puglia, Italy 2020

Pinot Noir „Les Climats Terres Froides“ 8
Pays d’Oc IGP, Louis Max, France 2019

Viña Salceda Reserva, Rioja DOCa, 10
Spain 2015

Château Dasvin-Bel-Air, Haut-Médoc AOC, 12
Bordeaux, France 2012

* Palun küsige oma teenindajalt ka meie veinikaarti

* Please ask your waiter for a wine list

* Пожалуйста спросите винную карту у официанта

“We are skipping the straw to reduce our environmental impact.

If needed, straws are available upon request.”

KOKTEILID / COCKTAILS

MARTINI COCKTAILS

Classic Martini

We serve this Classic “As You Wish” with your preferred vodka or gin.

(2 pouring’s)

- “straight up” or “on the rocks”
- shaken or stirred
- with a twist
- Gibson
- Gimlet
- Dirty
- ...

Tchaikovsky

30 EUR

Organic Dill infused Høbe Vodka, Dill oil, Lime Juice, Dill Sugar Syrup, Served with Osetra Caviar

Vesper Martini

12 EUR

Tanqueray Gin, Russian Standard Vodka, Lillet
The original James Bond Martini. The recipe was created by London-based bartender Gilberto Preti for Ian Fleming at the publication of the first Bond book, Casino Royale.

Cosmopolitan

14 EUR

Absolut Citron, Cointreau, Lime Juice, Cranberry Juice

The legendary Cosmopolitan is a simple cocktail with a big history. It reached its height of popularity in the 1990s, when the famous TV show “Sex and the City” was at its peak. The pink-hued Martini was a favorite of the characters on the show. According to Gary Regan, the original Cosmopolitan was created by South Beach bartender Cheryl Cook. Eager to invent a new cocktail for the Martini glass, Cook riffed on the classic Kamikaze using a newly introduced citrus-flavored vodka plus a splash of cranberry juice.

CLASSIC COCKTAILS

Manhattan **12 EUR**

Makers Mark, Gonzalez Byass Red Vermouth, Angostura Bitters, Marashino Cherry,

As with many classic cocktails, the origins of the Manhattan are disputed, but one popular theory claims the drink came to be at the Manhattan Club in New York in the early 1870s. The story goes that one Dr. Iain Marshall created the drink especially for a banquet in honor of presidential candidate Samuel Tilden hosted by Winston Churchill's mother, Lady Randolph Churchill, at the Manhattan Club. Legend has it that the drink proved so popular during the dinner, that it soon spread outside the club to other New York bars, with punters requesting to try "the Manhattan cocktail".

Old Fashioned **12 EUR**

Makers Mark, Angostura Bitters

The Old Fashioned was created at the Pendennis Club in Louisville, Kentucky

Negroni **10 EUR**

Bombay Sapphire, Campari, Red Vermouth

Created in Florence, Italy, in the 1920s, at the Casoni Bar, when customer Count Camillo Negroni asked the barman to add gin to his Americano.

Mojito **10 EUR**

Diplomatico Blanco, Lime, Simple Syrup, Soda Water, Mint Leaves

In Havana, Hemingway liked to have his Daiquiris at La Floridita and his Mojitos at La Bodeguita del Medio. Although La Bodeguita is credited with popularizing the Mojito, there's a lot of controversy about the drink's origin. Some believe Constante Ribailagua of the Floridita made the first Mojito. The Mojito was a farmer's drink, with its origins sometime around 1850, when the rum industry in Cuba modernized. Those years brought important elements of the drink to Cuba for the first time, like ice and charged water.

Caipirinha **10 EUR**

Cachaça, Lime, Brown Sugar

The Caipirinha came from the countryside, where it was a favorite drink of farmers. The word Caipira means "country man," and Caipirinha is a little drink with country brandy

Moscow Mule**13 EUR***Absolut Elyx, Ginger Beer, Lime Juice*

Jack Morgan ran a bar in Hollywood in the 1940s. Alongside it, he was struggling to make a success of his Cock'n'Bull ginger beer franchise. Enter the Spin Doctor, John Martin. Between them they invented the Moscow Mule, which mixed Smirnoff vodka with ginger beer. With the aid of a Polaroid camera and specially produced copper mugs, Martin set off on a tour of the country to promote their cocktail creation. He became spectacularly successful

Tom Collins**12 EUR***Bombay Sapphire, Simple Syrup, Lemon Juice, Soda Water*

The drink got its name from a prank that became we would call “viral” in the Internet age. In the 1870s, it was considered the height of wit to say to an acquaintance: “Have you seen Tom Collins?” Upon which said acquaintance would say no, and would add, in fact, he had never met Tom Collins. Then you would tell the acquaintance that Tom Collins was in a bar down the street and had been what we would describe today as “trash-talking” about him. At which point he would go off in a huff to the bar to confront the cheeky Tom Collins. Except he didn't exist. Seriously, this was a thing. In fact, it was so popular, that it became “The Great Tom Collins Hoax of 1874.”

According to the story, one bartender had the idea to mix up a drink and dub it – you guessed it — The “Tom Collins.” When the aggrieved party came into the bar and asked for “Tom Collins,” he would unwittingly have ordered a mixed drink.

Margarita**13 EUR***Don Julio Blanco, Cointreau, Lime Juice*

Marjorie King, a former Broadway dancer, the singer Peggy (i.e. Margaret) Lee, and Margarita Henkel, the daughter of a former German ambassador to Mexico are all touted as the possible namesake of the margarita cocktail. But in fact, the cocktail might not be named in honor of anyone at all—margarita is the Spanish word for “daisy,” and so one theory claims the drink was simply a variation of an earlier Texan cocktail called the “tequila daisy.” There's an old drink called the Daisy, which is a mix of brandy, triple sec, and lemon juice. According to legend, one day, a bartender in Tijuana was making a Daisy and accidentally grabbed a bottle of tequila instead of brandy. The accident became a hit at the bar, and it was quickly dubbed a Margarita (the Spanish word for daisy).

SPARKLING COCKTAILS

Kir Royal **20 EUR**

Philipponnat „Royale Réserve“ Brut NV,
Crème de Cassis

Kir Petillant **12 EUR**

Cava „Stars“ Brut Nature Reserva DO
Castillo Perelada, Spain, *Crème de Cassis*

MODERN COCKTAILS

Telegraaf **10 EUR**

*Russian Standart, Fresh Grapefruit juice, Campari,
Lime Juice, Simple Syrup, Soda Water*

Nordic Remedy **12 EUR**

*Tanqueray Gin, Sea Buckthorn Juice, Organic
Raspberry juice, Simple Syrup, Lemon Juice, Egg
White*

Raspberry Gin Sour **12 EUR**

*Bombay Gin, Organic Raspberry Juice, Lemon
Juice,
Simple Syrup, Egg White*

Or Choose From Our Alternatives **14 EUR**
Whiskey / Pisco / Cognac / Amaretto Sour

Lemon juice, Simple Syrup, Egg White

Telegraaf Spritz **10 EUR**

*Gonzalez Byass Extra Seco Vermouth, Grand
Marnier, Fresh Grapefruit Juice, Lemon Juice,
Tonic Water*

Basil Spritz **10 EUR**

*Gonzalez Byass Extra Seco Vermouth, Lillet,
Lemon Juice, Simple Syrup, Soda water*

Aperol Spritz **8 EUR**

Aperol, Prosecco, Soda water

AFTER DINNER COCKTAILS

Cherry Rum Martini **12 EUR**

*Diplomatico Reserva Exclusiva 12Y.O, Bailey's,
Organic Cherry Juice, Espresso, Simple Syrup*

Espresso Martini **12 EUR**

Vanilla infused Elyx Vodka, Kahlua, Espresso

White Russian **10 EUR**

Tsarskaya Zolotaya Vodka, Kahlua, Heavy Cream

NON-ALCOHOLIC COCKTAILS

Tchaikovsky Lemonade **7 EUR**

Passion Fruit Syrup, Cucumber Syrup, Apple Syrup, Lemon Juice, Soda Water

Rhubarb Lemonade **7 EUR**

Organic Rhubarb Juice, Simple Syrup, Soda Water

Red Currant Lemonade **7 EUR**

Organic Red Currant Juice, Simple Syrup, Soda Water

Raspberry – Sea Buckthorn Sour **8 EUR**

Organic Raspberry Juice, Sea Buckthorn Juice, Lemon Juice, Simple Syrup, Egg White

**Flâneur Alco-Free Lahhentagge
Gin Tonic** **10 EUR**

Flâneur Alco-Free Gin, Fresh Grapefruit Juice, Tonic Water

APERITIIV / APÉRITIF

EUR

Gonzalez Byass	8 cl	6
“La Copa” Red Vermouth		
Gonzalez Byass	8 cl	6
“La Copa” Extra Seco Vermouth		
Lillet	4 cl	6
Campari	4 cl	5
Pernod	4 cl	6
Lysholm Linie Akvavit	4 cl	7
Nonino Amaro	4 cl	7
Averna Amaro	4 cl	6
Fernet Branca	4 cl	6
Underberg	2 cl	4.5

GIN (4 cl)

ESTONIA

Tohi Nordic Dry Gin “Cloudberry Mist”	7
Metsis Handcrafted Barrel Aged	12
Lahhentagge Gin	12
Junimperium Blended Dry Gin	7.5
Crafters London Dry Gin	6
Crafters Aromatic Flower Gin	7
Flâneur Alco-Free Lahhentagge Gin	7

ENGLAND

Bombay Sapphire	6
Whitley Neill Handcrafted Gin	7
Tanqueray	7
Tanqueray Ten	10
Tanqueray Sevilla	10

FINLAND

Napue	10
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GERMANY

Monkey 47	10
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SCOTLAND

Hendrick’s	8
Botanist Islay	8

SWEDEN

Herno Old Tom	12
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AUSTRIA

Wildstueck Gin	15
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VODKA (5 cl)

ESTONIA

Hõbe Mahe Vodka (Bio)	6.5
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FRANCE

Grey Goose	10
ABK6 “Ekiss” Vintage Organic Vodka	8

NETHERLANDS

Ketel One	10
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POLAND

Belvedere	12
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	EUR
RUSSIA	
Tsarkaskaja Zolotaya Vodka	6
Russian Standard	6
Russian Standard Gold	8
Russian Standard Platinum	9
Russian Standard Imperial	14
Beluga	12
Beluga Transatlantic Racing	15
Beluga Gold Line	28
Tsarskaya Imperial Collection	35
SWEDEN	
Absolut	6.5
Absolut Citron	6.5
Absolut Elyx	12
PISCO (4cl)	
Pisco 1615 de Gran Terruno Acholade	7
TEQUILA (4 cl)	
Don Julio Blanco	8
Don Julio Reposadao	8
Patron Anejo	14
Patron Burdeos	85
WHISK(E)Y (4 cl)	
IRELAND	
Sadle's Peaky Blinder	6
The Legendary Silkie	8
Dingle Single Malt Batch nr. 4	12
SCOTLAND – BLENDED	
Johnnie Walker Black Label	8
Johnnie Walker Blue Label	35
The John Walker	235
Chivas Regal	8
Chivas Regal 18 Y.O.	15
Naked Grouse	8
SCOTLAND – SINGLE MALT	
Ardbeg 10 Y.O. Islay	12
Bunnahabhain 12 Y.O. Highland	12
Dalmore 15 Y.O. Highland	16
Glenmorangie Original, Highland	12
Glenmorangie 18 Y.O. Highland	18
Glenmorangie 1989, Highland	125
Glendronach 12 Y.O. Highland	10
Lagavulin 16 Y.O. Islay	14
Laphroaig 10 Y.O. Islay	12
Macallan 18 Y.O. Highland	40
Macallan 21 Y.O. Highland	80
Talisker 10 Y.O. Island (Isle of Skye)	16
The Benriach, Speyside	10
The Benriach Septendecim 17 Y.O. Speyside	16
Kilchoman Sanaig, Islay	16
Kilchoman Small Batch Release, Islay	26
JAPAN	
Kamiki, Batch nr. 003	14
Nikka Miyagikyo Single Malt	16

EUR

FINLAND

Kyrö Single Malt Rye Whiskey 25

USA – BOURBON

Maker`s Mark 7
 Woodford Reserve 12
 Yellow Rose Outlaw Bourbon 12
 Yellow Rose Rye Whiskey 12
 Kentucky Owl Confiscated 30
 Four Roses Small Batch 32

BRANDY & COGNAC (4 cl)

Torres Jaime I 20
 ABK6 V.S.O.P. Single Estate 8
 Maxime Trijol Elegance 12
 Camus V.S.O.P. Elegance 14
 Hennessy V.S.O.P. 12
 Château de Montifaud 10Y 14
 Château de Montifaud Héritage 50
 Louis Vallet L50
 Delamain X.O. "Pale & Dry" 18
 Remy Martin X.O. 25
 Hennessy X.O. 35
 Camus X.O. Elegance 30
 Maxime Trijol XO 25
 Hennessy Paradis Imperial 160
 Martell Cordon Bleu 35

RUM (4 cl)

Dictador Extremo 1980, Colombia 45
 Diplomatico Planas White Reserve, Venezuela 8
 Diplomatico Reserva Exclusiva 12 Y.O. Venezuela 12
 Brugal 1888, Dominican Republic 14
 Karukera, Vieux Agricole Reserve Speciale, Guadeloupe 15
 Zacapa Solera 23 Y.O. Guatemala 10
 Zacapa X.O. Guatemala 20
 Mount Gay X.O Barbados 15
 Abuelo Añejo Reserva Especial, Panama 8

ARMAGNAC (4 cl)

Saint Christeau Horse d´Age, Bas-Armagnac 10
 Bas Armagnac XO, Maison Delord 14

CALVADOS (4 cl)

Comte Louis de Lauriston VSOP, Domfrontais AC 12
 Berneroy X.O. 10
 Pays d´Auge "Pomme Prisonniere", Drouin 18
 Christian Drouin, Pays d´Auge 1996 30

MARC, GRAPPA & UE (4 cl)

Nonino Grappa Tradizione 41°	6
Nonino Grappa MV II Merlot 41°	10
Nonino Grappa MV II Moscato 41°	10
Nonino Grappa "Antica Cuvée" 5YO Riserva	10
Grappa Rossj-Bass, Gaja	12
UE La Malvasia di Nonino	12
Grappa di Sassicaia	25
Domaine du Vieux Telegraphe Vieux Marc de Chateauneuf-du-Pape	14

EAU DE VIE (4 cl)

Vielle Prune, G.Miclo, Alsace, France	7
Framboise, Gustave Lorentz, Alsace, France	12
Nonino "Pirus" Acquavite di Pere Williams, Friuli-Venezia Giulia, Italy	14

LIKÖÖRID-BITTERID / LIQUERS-BITTERS (4 cl)

ESTONIA	EUR
Vana Tallinn	5
Vana Tallinn Signature	7.5
Kristallkümmel	6
Kännu Kuk	6
FRANCE	
Crème de Cassis de Dijon	6
Cointreau	6
DOM Benedictine	6
Grand Marnier Cordon Rouge	6
IRELAND	
Baileys Irish Cream	5
ITALY	
Amaretto Di Saronno	5
Liquore di Limoni di Sicilia, Limonio	6.5
Sambuca Borghetti	5
MEXICO	
Kahlua	5
RUSSIA	
Beluga Hunting Berry	8
Beluga Hunting Bitter	8
SPAIN	
Licor 43	6

PORT (6 cl)

W&J Graham's Extra Dry White Port	6
Taylor Fladgate, Late Bottled Vintage 2013	10
Niepoort 20 YO Tawny Port	20
Quinta do Vallado 10 Year Old Tawny Port	15
Kopke 40 Year Old Port	22

SHERRY (6 cl)

Fino "Inocente", Valdespino	6
Amontillado "Contrabandista", Valdespino	6
Palo Cortado "Noe", Gonzalez Byass	12
Pedro Ximénez "Apostoles", Gonzalez Byass	12

ÕLU & SIIDER / BEER & CIDER

LIMITED EDITION

Pühaste, Dekadents, Barbados Rum BA 33 cl	16
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DRAUGHT

A'le Coq Premium Lager	33 cl	3.50
	50 cl	5

BOTTLED

LAGER

Purtse Kamp	33 cl	7
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PILSNER

Pühaste Tartu Pilsner	33 cl	7
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INDIAN PALE ALE

Pühaste Mosaiik	33 cl	8
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DOUBLE INDIAN PALE ALE

Pühaste Sume	33 cl	10
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PORTER

Pühaste Patt	33 cl	7.5
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ALCOHOL FREE

Warsteiner	33 cl	4.5
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CIDER

Kuldrenett Dry Cider	33 cl	8
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Talvenauding Semi Dry Cider	33 cl	10
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KARASTUSJOOGID / SOFT DRINKS

		EUR
Haage Still & Sparkling		
Small (33cl)		3
Large (75cl)		5
Fentimans Lemonades		4.5
Ginger Beer	27,5cl	
Rosé	20cl	
“Ruuben” Birch Water with Rhubarb	33cl	5
Coca-Cola, Coca-Cola Zero	25 cl	3
Fanta, Sprite	25 cl	3
Tonic Water, Soda Water	25 cl	3
Ginger Ale	25 cl	3
Juices	25 cl	2.5
Freshly Squeezed Orange Juice	25 cl	6.5

ENERGIAJOOK / ENERGY DRINK

Red Bull	25 cl	5
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KUUMAD JOOGID / HOT BEVERAGES

Coffee	3
Espresso	3
Double Espresso	5
Cappuccino	4
Caffe Latte	4
Hot Chocolate	4

Täpsustav informatsioon allergeenide ning koostisosade kohta teenindajalt.

Please ask your server about allergens and ingredients.

Детальную информацию о составе блюд и аллергенах можно уточнить у обслуживающего персонала.

TEE VALIK / TEA SELECTION

TEEKANN / POT of TEA

5

ROHELINE TEE / GREEN TEE

Cactus-Fig Sencha, China

This pleasing blend marries the delicious flavours and essences of Chinese green tea with the sweet flavour of cactus - a unique combination of pear, melon and caramel! It's guaranteed to make you smile. Also in this blend are delicate orange blossoms (used for stimulating the breakdown of fat and to treat circulatory problems) and lemongrass (used as a stress-reducer and a liver and kidney detoxifier).

Sencha Kura / Shizuoka, Japan

Sencha Kura has been steamed longer (more in fukamushi style) compared to our other sencha teas, resulting in a more full-bodied tea that has a round sweet taste and a smooth and thick texture. Yabukita tea bush varietal. Easy to brew and easy to enjoy - a great introduction to the world of senchas, as well as a great enjoyment for those who are well versed.

Marrakesh mint / China

Chinese gunpowder is mixed in just the right combination with refreshing spearmint leaves. Some like this before bedtime, others whenever they need a refreshing boost. That's the dual nature of mint – most associate it with relaxation (and indeed, spearmint, a less pungent relative of peppermint, improves digestion and soothes the nervous system), but it also has stimulant properties as well, allowing people to get on with concentrating on tasks at hand.

PUNANE-MUST TEE / RED-BLACK TEA

Earl Grey / China, Anhui

Earl Grey tea is the flavour of the citrus bergamot fruit (a cross between the sweet lemon and Seville orange), which lends the tea a lightly spicy quality. Earl Grey tea is a popular black tea blend that is scented with bergamont oil and has a very distinctive flavour and aroma. Bergamot is a lime tree that is grown in Italy and the South of France but is native to southern Vietnam, which explains its Chinese connection.

English Breakfast / Africa and Sri Lanka

The English breakfast tea, however, would include a blend of Assam, Ceylon, and Kenyan teas. If you are a fan of the English Breakfast, you are in hallowed company, with the likes of Queen Victoria and John Lennon who had his own ritual when it came to English Breakfast.

VALGE TEE / WHITE TEA

Bai Mu Dan / Fujian, China

Bai Mu Dan is named after one of China's most beautiful flowers, the white peony. This is a simple, affordable white tea. The tender, down-covered buds as well as first two leaves are used, making it more inexpensive than other kinds of white teas made from buds only. Its caffeine content is very low, however, it is very refreshing. It has a mellow, sweet taste devoid of astringency.

Jasmine Pearls / Fujian, China

This jasmine tea has a more subtle and refined taste than most, because it's made with high quality white tea. A fresh bud and the first leaves have been carefully rolled into pearls and later scented with fresh jasmine blossoms which are placed on bamboo sheets under and/or over the pearls only in the evening.

OOLONG

Da Hong Pao / Wuyi, China

The King of Teas is how Da Hong Pao is known in China, and that name does not come easily. Growing in the likely birthplace of black and oolong teas in China, the Wuyi mountains of Fujian, Da Hong Pao has been the most respected of all Chinese teas since the Ming dynasty – legend has it that the mother of an emperor was cured after drinking tea made from certain bushes growing high up on a rock. He ordered that these bushes be cloaked with imperial red robes (Da Hong Pao means Great Red Robe).

Milky oolong / Fujian, China

Rolled tight, similar to Tie Guan Yin and other quality oolongs, this one is often people's first foray into the world of oolong... and what a journey it is. Boasting a strong, sweet but buttery smell and taste, it gives you the feeling of indulging a creamy pastry, but not suffering from the calories! Several floral hints are also detectable, most notably orchid, as well as a note of vanilla.

PU-ERH

Chado House Puerh (shou), organic / Yunnan, China

Puerh is unlike any other tea – in its production, effect, smell and of course taste. It has a very 'earthy' flavour which some love immediately and others warm to (quickly) after a mild but intriguing initial shock. Despite low levels of caffeine many people feel enlivened by it to the point that sleep is quite impossible even hours after drinking puerh; remarkably, others find it calms them down such that sleep comes fast and easy.

TAIMETEE / HERBAL TEA

Fireweed (Ivanchai) / Estonia, Valgamaa

Fireweed, commonly known as Ivanchai, was once The Tea in Europe and Russia, before Chinese tea became available and popular. It is a centuries long tradition that was largely fading away, but has luckily been revitalized recently.

Damiana / Mexico

A number of people report better, deeper sleep after drinking damiana tea, and others use it to stimulate vivid dreaming. However, others report that consuming large amounts of damiana might provoke insomnia. We recommend to do proper search before taking damiana regularly – for example, in the USA, some doctors do not recommend pregnant women or any woman with a history of breast cancer to consume damiana. Further, damiana has been shown to reduce blood sugar concentrations, which is desirable for many people, but is not recommended for those taking medicine which already regulate blood sugar.

Chamomile / Germany

Chamomile is one of the oldest and most appreciated herbs. Ancient Egyptians worshipped this plant and devoted it to Ra, their god of Sun. It has grown in peoples herb gardens for centuries and has so many benefits and ways to use. Enjoy this simple yet wise and powerful plant with respect and joy!

Honeybush TOPKAPI / RSA

Honeybush's flavour is similar to rooibos' but slightly sweeter. There's little in the way of honey-flavoured overtones to the taste, but honeybush flowers do emit a distinct "honey" scent. In order to produce the sweetest flavour, honeybush plants are harvested during flowering season. This heavenly tea is pretty to look at, heavenly to smell and a treat to drink, day or night. This mix has some friendly mango, strawberry and orange peel added. Honeybush contains no caffeine.

Yerba Mate / Brazil

The real thing, as nature intended. Fresh, biting, and with a friendly bitterness you'll soon find your body craving. This is made up of young, fresh leaves, few twigs and cut evenly. It has a high chlorophyll content.

PUUVILJA TEE / FRUIT INFUSION

Red Luck / Germany

Great hot or cold, at any time of the day, this mix brings together currants, redcurrants, rosehip peel, apple, elderberries, which are one of the few berries effective at counteracting the effects of an ongoing cold or fever, and lilac berries. Very berry!